

Day Trip Check List

Canoe/Kayak Basics

- Canoe/kayak (supplied)
- Paddle (1 per paddler supplied)
- PFD, flotation device (1 per paddler supplied)
- Seat
- Knee pads
- Dry bags (gear protection)
- Weather/VHF radio
- Signaling devices (whistle, mirror, flares)
- Emergency floating throw line (with throw bag)
- Bailer & Sponges
- _____

Core Gear

- Maps and charts in waterproof case
- Compass
- GPS
- Matches/lighter/fire starter in waterproof container
- Knife or multi-tool
- 2-way radios
- Cell phone in protective bag
- Headlamp or flashlight (with extra batteries)
- First-aid supplies
- Sunglasses
- Sunscreen
- Lip balm
- Water bottles (filled)
- Water treatment method
- Energy food (bars, gels, trail mix)
- Beverages or powdered drinks
- _____

Clothing

- Dry suit or top
- Neoprene footwear
- Sandals
- Sun-shielding hat w/retainer
- Moisture-wicking T-shirt
- Moisture-wicking underwear
- Rash-guard
- Swimsuit
- Shorts or convertible pants
- _____

Other Day Gear Options

- Lunch
- Energy food (bars, gels, trail mix)
- Beverages or powdered drinks
- Cooler (with ice)
- Camera
- Binoculars
- Duffels (to supplement dry bags)
- Insect repellent
- Toilet paper and sanitation trowel
- Permits and licenses
- Fishing gear
- Notebook and pen or pencil
- Credit card; small amount of cash
- Trip itinerary left with friend + under car seat
- _____
- _____
- _____
- _____

Day Trip Check List
